Make a traditional **Fenland Safe Keep**

Like many distinct regions in Britain, the fens have their own stories, folklore and myths. Before the Fens were drained, the expanses of misty swamps and meres were dangerous, especially at night and when there was no moon. It was said that evil creatures lived in the marshes and bogs waiting to lure the unwary to their deaths: boggarts, bogles, willo-the-wisps with their dancing lights and the dead hand which would emerge from the water and pull a man to his death. Many were lost in the dark fen and never seen again. Fenlanders often carried small hessian bags called 'safe keeps' with them to protect against these creatures. A safe keep for Ely Museum

What would you carry in yours?

This safe keep will protect you from:

Fenland boggarts and big spiders in the museum!

It includes:

A rabbits whisker, a hedgehogs nose \mathcal{E}_{t} the slime of an eel

It must be worn:

Around your neck at all times in the Fens, but especially at night

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