

# Are you worried about your child or young person?

Self harm?

Anxiety?

Eating disorder?

Do you need someone to

# Listen

Huntingdon  
Parent to parent support

Drugs and alcohol?

Depression?

Mental health issues?

**Last Friday of every month**  
11am – 1pm

Huntingdon Youth Centre  
Sallowbush Road, Huntingdon,  
PE29 7AF

**First Tuesday of every month**  
7-9pm

Huntingdon Regional College  
California Road, Huntingdon  
PE29 1BL

For information contact Mark on  
**07715568984**

<https://www.facebook.com/listenparentsupport/>



Supported by:

**pinpoint**  
for parents by parents