



forward roll



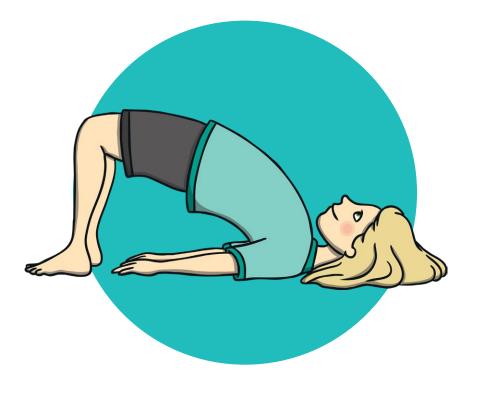
Gymnastics: Landscapes and Cityscapes

teddy bear roll



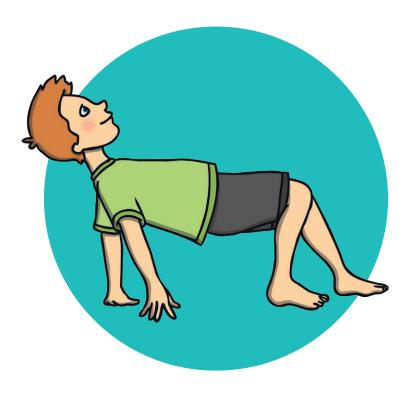
Gymnastics: Landscapes and Cityscapes

low bridge



Gymnastics: Landscapes and Cityscapes

crab



Gymnastics: Landscapes and Cityscapes

star shape



forward bridge shape



Gymnastics: Landscapes and Cityscapes

hands and knees

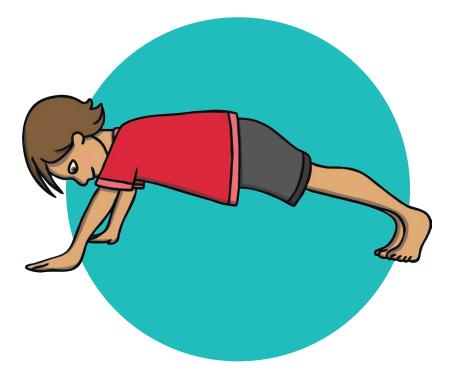


extended legs back



Gymnastics: Landscapes and Cityscapes

extended legs front



Gymnastics: Landscapes and Cityscapes

handstand



Gymnastics: Landscapes and Cityscapes

straight jump



bunny hop

