



Parent/Carer support line

(from 7th May)

We offer an opportunity to speak to a friendly professional from the Early Help District Children's Team about any child or young person aged 0 to 19.

- You can ask a question, request support about your child's or young person's behaviours, get help with new routines and boundaries, or maybe just talk about how you are managing parenting in the current situation.
- We will give you advice, support, and help with signposting or just listen to your parenting experiences.

You can telephone or email for support any time, please leave a message with your contact details, someone will call you back (on a Tuesday or Thursday)

Phone 01354 750420

Email Districtearlyhelpteam.cambridgcity@cambridgeshire.gov.uk

www.cambridgeshire.gov.uk/child-and-family-centres