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AY UP Resilience

We live and work in harmony with love for one another, so we can achieve our potential within a community of life-long learners

23rd February 2022

NEWSLETTER IN 60 SECONDS

Dear Members of the Great and Little Shelford Community,

Welcome back! We hope this week's newsletter finds you and your family well after a peaceful half term.

- Welcome Back!
- Positive Choices Week
- 100th Day
- Book Week w/c 28/2/22
- Announcements

One of the biggest highlights this week has been the return to whole-school collective worship sessions in the hall.

It has been an absolute delight to gather together again in person. As many of you will know already, this week marks our 'Positive Choices Week'. Each day, we have taken a specific theme relating to showing the best version of ourselves through our choices, manners and in how we resolve problems. We have shared these through our Collective Worship and a variety of stories and activities back in class.

Tomorrow, we look to creating new whole-school rules, before celebrating and recognising children that have demonstrated these positive choices.

100th Day

Monday 21st February marked our 100th day of this academic year. Year 2 celebrated this by exploring all things 100! From 100 marshmallows and 100 cocktail sticks to sourcing 100 things from home, they well and truly enjoyed exploring the idea. To top it off, they dressed as their 100-year-old selves!



Book Week and World Book Day



Dear Parents and caregivers.

World Book Day takes place on Thursday 3rd March and we hope you'll join us as we come together to encourage every child in school to be a reader and love books.

To celebrate World Book Day, we will have plenty of fun activities taking place throughout the day including:

- Inviting children to bring in their favourite books
- Inviting children to dress up as their favourite book character. You can find lots of creative ideas at worldbookday.com/dressing-up-ideas
- Having a book swap if you have books at home that you have enjoyed but no longer read please wrap them up like a present and bring them in as a donation to school
- World Book Day Party we will open our newly donated books and celebrate
- World Book Day Scavenger Hunt
- Story time with different staff members throughout the week

You can also take part in a <u>World Book Day activity</u> at home and bring it into school or send a picture via email. There are World Book Day <u>digital events</u> and an <u>Author & Illustrator Academy</u> online where children can meet the creative minds behind this year's £1/€1.50 books.





Changing lives through a love of books and shared reading.

Book Week and World Book Day

Getting a free £1/€1.50 book for your child is easy - simply take your £1/€1.50 book token to your nearest bookseller and swap it for a World Book Day £1/€1.50 book OR get £1/€1.50 off any book or audiobook costing £2.99/€3.99 or more. You can help your child choose their £1/€1.50 book by showing them the exciting 'Look Insides' at worldbookday.com/books

Bookshops and supermarkets are a big part of what makes World Book Day special and thousands will be taking part in World Book Day 2022, with many putting on special events to celebrate World Book Day. Asda, Morrisons, Sainsbury's and Tesco all stock the £1/€1.50 books. You can find your nearest bookseller at booksaremybag.com.

There are also lots of fun reading ideas and resources for you to enjoy with your child at home on the <u>World Book Day Family Hub</u> as well as brilliant book recommendations for all ages.

We're looking forward to celebrating World Book Day in school and hope you will join in too with your child at home.

World Book Day could not happen without the support of parents and carers - thank you, you make it happen!

Best Wishes and Happy Reading, Mrs Alderson





Announcements

Great and Little Shelford C of E (A) Primary School Prayer Meeting

Thursday March 3rd, 2022 08:00 PM

Join Zoom Meeting

https://us02web.zoom.us/j/823409<mark>37339?</mark> pwd=V2lJQkJSVUQvakpLbmVFcGtYL0d6QT09

Meeting ID: 823 4093 7339

Passcode: vNFXK3

A small group of us meet termly to pray for our school, and although we hope to meet again in person soon, for this term we are staying on Zoom. Our meetings last about 40 minutes, and all items prayed for are treated confidentially. There is no need to pray aloud; anyone is welcome to listen and pray silently. There is also the option to just log on and leave a prayer request in the chat function if you would like to.

Tree Felling - St. Mary's Church

The tree felling at St. Mary's Church, Great Shelford has been moved to 4th, 5th and 6th April – during the school holidays.

PAT Dog Launch Event

We are delighted to launch our upcoming partnership with Pets as Therapy. Several volunteers will be visiting school next week to share some details on the different dogs. If you haven't yet signed up for your child to take part in small group sessions, you can do so here.

These sessions are open to all children.



SAWSTON FUN RUN & WALK

Boswell

your family balcers





SUNDAY 8TH MAY 2022



In aid of East Anglia's Children's Hospice at Milton and Rowan, a local charity that supports adults with learning disabilities and other local charities and organisations







sawstonfunrun.co.uk





























Early Intervention Family Worker Newsletter 21st February 2022.

City News Virtual Free Workshops

23rd February at 10am – Sleep
(Shelley.bari@cambridgeshire.gov.uk)
3rd March at 10am – Parenting styles
and labelling
(Amanda.Gilbert@cambridgeshire.gov.
uk)

Activity Idea - Don't wake the Shark



You will need to create cards that are like the ones above (you can find the printable ones at this link - NemoPage1-mollymoo)

Shuffle the cards and then lay the cards out, face down.

Each player then takes turns picking up two tiles, and keeps the matching pairs to one side

If a player turns over a shark, they miss a turn. The first player to find the only matching clown fish pair wins.

Parenting Top Tip

Good Sleep Routines.

Everybody can benefit from having a good sleep routine. A good sleep routine needs to be planned and consistent.

First, you need to consider what time bedtime will be and then work backwards, planning the hour leading up to bedtime.

Here are some tips for creating the ideal bedtime routine:

- Turn all screens off an hour before bedtime.
- Dim the lights, close the curtains/blinds, and create some darkness – this promotes melatonin (sleep hormone) production
- Offer quiet activities. skills that use fine motor skills are great at aiding relaxation, like a jigsaw, colouring, building bricks.
- Baths are great for relaxing children.
- Get ready for bed in the same order for example, Pjs on, brush teeth, toilet.
- Reading a story with your child will also aid relaxation.
- Give hugs & kisses, and tell your child 'jts time to go to sleep'
- Try to wake your child up at the same time every morning. – this helps to strengthen their body clock.

Another Resource

How to get to sleep - NHS (www.nhs.uk)

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer

